

Home Safety Audit - printable worksheet

Greybough - seven-area home safety framework

Prepared for: Greybough reader

State: not selected

Issue date: 2026-10-18

PURPOSE

Walk the home with this sheet. Mark [x] when a condition is already true and [] when it needs attention. Bring the open items and contractor prompts to the first scope conversation.

AUDIT SUMMARY

Overall completion: 0 of 42 prompts marked complete.

Entry: 0 of 6 prompts marked complete.

Bathroom: 0 of 6 prompts marked complete.

Kitchen: 0 of 6 prompts marked complete.

Bedroom: 0 of 6 prompts marked complete.

Mobility paths: 0 of 6 prompts marked complete.

Lighting: 0 of 6 prompts marked complete.

Grab-bar placement: 0 of 6 prompts marked complete.

ENTRY

Focus: Start at the front door and look for a calm, step-free arrival.

- ☐ Step-free primary entry or a ramp with a maximum 1:12 slope
- ☐ Flush landing and a non-slip surface at the door
- ☐ Lever-handle deadbolt with a keyless option
- ☐ Peephole or side-light at seated eye height
- ☐ Matching handrail at the exterior landing
- ☐ Clear path from the entry to a primary-floor bedroom

BATHROOM

Focus: Check transfer points, wet surfaces, reach ranges, and nighttime glare.

- ☐ Curbless shower or low-threshold pan with an anti-slip finish
- ☐ Comfort-height toilet with a 17-19 inch seat height
- ☐ Grab-bar blocking confirmed before tile or wall finish
- ☐ Anti-scald pressure-balanced valve set to a maximum 120 F
- ☐ Non-slip flooring through the wet run
- ☐ Lever-handle faucets and lighting at face height

KITCHEN

Focus: Look for safer reach, less twisting, and a well-lit work zone.

- ☐ Pull-out shelves in the primary base cabinets
- ☐ Induction cooktop or side-opening wall oven
- ☐ Lowered counter section at one work zone
- ☐ D-shaped cabinet pulls instead of pinch-grip knobs
- ☐ Rocker-style switches at door height
- ☐ Under-cabinet task lighting at the main kitchen run

BEDROOM

Focus: Make the first and last steps of the day reachable from bed.

- ☐ Bedside lamp and switch reachable without standing
- ☐ Switched outlet or charging point at bed height
- ☐ Night-path lighting to the bathroom
- ☐ Phone and emergency contacts within reach
- ☐ Bed-rail or 36-inch transfer clearance alongside the bed
- ☐ Cord-free floor path from the bed to the door

MOBILITY PATHS

Focus: Walk the routes used every day and mark every trip point.

- ☐ At least 36 inches of clear floor path on primary routes
- ☐ Flush thresholds at interior doorways
- ☐ 36-inch doorway clearance on key passages
- ☐ Continuous handrails on both sides of stairs
- ☐ High-contrast nosing strips on stair treads
- ☐ No loose rugs or cords across the route

LIGHTING

Focus: Use light to make decisions and movement easier, not harsher.

- ☐ Night-path lighting between bedroom, bathroom, and kitchen
- ☐ Stair-tread lighting from edge to edge
- ☐ Motion-activated fixtures at exterior entries
- ☐ Rocker switches around 36 inches above finished floor
- ☐ Switched outlets at bed height in each sleep area
- ☐ Glare-free bulbs or baffled downlights on the main routes

GRAB-BAR PLACEMENT

Focus: Plan the blocking and the transfer sequence before finishes go in.

- ☐ Toilet side-wall bar location is marked before drywall
- ☐ Shower has a vertical entry bar and horizontal side bar plan
- ☐ Tub transfer bar is planned if a tub remains
- ☐ Short support bars are considered at hallway landings
- ☐ Blocking in studs is confirmed with the contractor
- ☐ Every selected bar is rated for at least 250 lb. static load

FALL-RISK HOTSPOTS

Check these transition points twice:

- ☐ Entry threshold, landing, and the first turn into the home
- ☐ Bathroom shower or tub transfer and toilet side transfer
- ☐ Bedroom-to-bathroom night path, including cords and loose rugs
- ☐ Stairs, handrails, stair nosing, and lighting from top to bottom
- ☐ Kitchen reach zones, floor transitions, and appliance controls

MODIFICATION RECOMMENDATIONS

ENTRY

- ☐ Prioritize a step-free arrival, a stable landing, and a clear route to the primary living level.

BATHROOM

- ☐ Scope the wet-area transfer points first, including a low threshold, blocking, non-slip finishes, and reachable controls.
- ☐ Confirm structural blocking and exact transfer locations before wall finishes, then verify every selected bar is properly rated.

KITCHEN

- ☐ Reduce reach and twist demands with pull-outs, safer appliance placement, a reachable work zone, and

task lighting.

BEDROOM

☐ Make the first and last steps of the day safer with reachable controls, a clear transfer side, and a lit route to the bathroom.

HOME-WIDE

☐ Remove trip points along the daily route, confirm doorway clearances, and make every stair edge and handrail easy to read.

☐ Build a continuous, glare-controlled lighting plan from the exterior entry through the bedroom, bathroom, and kitchen.

CONTRACTOR NOTES

Priority scope: _____

Sequence or phasing: _____

Materials or finish questions: _____

Budget range to discuss: _____

Follow-up date: _____

Prepared 2026-10-18. Keep this worksheet with the contractor scope and estimate.